

# Effects of Frame Rate on Vection and Postural Sway

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## Abstract

The quality of stereoscopic 3D cinematic content is a major determinant for user experience in immersive cinema in both traditional theatres and cinematic virtual reality. One of the most important parameters is the frame rate of the content which has historically been 24 frames per second for movies, but higher frame rates are being considered for cinema and are standard for virtual reality. A typical behavioural response to immersive stereoscopic 3D content is vection, the visually-induced perception of self-motion elicited by moving scenes. In this work we investigated how participants' vection varied with simulated virtual camera speed, frame rate, and motion blur produced by the virtual camera's exposure, while viewing depictions of movement through a realistic virtual environment. We also investigated how their postural sway varied with these parameters and how sway covaried with levels of perceived self-motion. Results show that while average perceived vection significantly increased with 3D content frame rate and motion speed, motion blur had no significant effect on perceived vection. We also found that levels of postural sway induced by vection correlated positively with subjective ratings.

## Keywords

Vection, high frame rate, motion blur, motion, motion perception, postural sway

## 1. Introduction

The quality of a motion picture image sequence depends on a number of factors including the spatial and temporal resolution of the images. The spatial resolution of digital cinema has been steadily improving. On the other hand, cinema frame rates have remained unchanged since the 1920s when they were standardized to facilitate stable audiovisual synchronization [1]. The resulting 24 frames per second (fps) standard was a compromise that provided acceptable visual quality under technical and economic constraints. While in most cases 24 fps was found to support the perception of continuous motion, such a low flash rate produces objectionable flicker in strobed displays. Therefore, when using a cinema projector, each frame is flashed two or three times to reduce flicker without increasing frame rate [2]. The universal adoption of the 24 fps standard has resulted in a particular expectation for motion quality in 2D and stereoscopic 3D (S3D) film, which is a large part of what is known as 'the film look'. This aesthetic distinguishes cinematic content from crisper content typical of higher frame rate applications like simulation, games and video.

Many believe that the enhanced fidelity provided by higher frame rate (HFR) capture and presentation has the potential to dramatically improve viewer experience [3,4]. The current low frame rate limits the fidelity of motion that can be portrayed and introduces motion artefacts such as strobing, motion blur, aliasing and judder, which are common in 24 fps content. In cinema these artefacts can be avoided since shots are planned and composed. However, avoiding these artefacts imposes restrictions on camera and subject motion, and thus limits the creative possibilities for the cinematographer. In unscripted, undirected content such as immersive virtual reality (VR) or gaming, the motion cannot be constrained in this way since it is determined in real time by the user's actions.

Self-motion is an important determinant of immersion in cinema and VR; and the camera is often moving from the subject's point of view. In immersive cinema, the viewer is usually stationary and seated while such motion is portrayed. In VR the user can physically move but in many cases (e.g., simulations of long distance travel) may be relatively still compared to the motion being portrayed. Nevertheless, the stationary or relatively still viewer in these scenarios may experience a compelling illusion of self-motion produced by the visual display that is known as vection [5,6]. Although the technical impact of HFR on motion quality has been widely recognized, there have been few attempts to assess its impact empirically and there have been no studies of the portrayal and experience of self-motion with realistic stimuli. The goal of the experiments reported here was to evaluate the impact of frame rate on vection using S3D movies. As outlined below, we consider variables that interact with frame rate to determine the degree of motion artefacts in film content: camera exposure and camera motion.

A stroboscopic motion picture sequence consists of a series of discrete still images which, in the case of a self-motion sequence, correspond to discrete camera locations at regular temporal intervals along the portrayed motion path. In a stereoscopic sequence two such related sequences are produced, one from the vantage point of each eye. The fidelity of the motion sequence depends critically on the temporal sampling rate (frame rate) and aliasing; other artefacts will arise if the temporal sampling rate is insufficient. Such sampling artefacts will be visible to the viewer if they fall within a range of spatio-temporal conditions identified as the 'window of visibility' [7,8]. Increasing the sampling rate pushes the potential artefacts outside the visible range, resulting in the percept of relatively smooth motion. When self-motion is portrayed, the motion stimulus is complex and will depend on the scene content, eccentricity, fixation, type and speed of camera motion and other factors. Thus, except in simplified scenes and simplified motion (for example, pure rotation) artefacts are likely to appear, or be more pronounced, in some parts of the image than in others. While much can be learned from these simplified conditions [9], it is important to assess the impact of frame rate using representative scenes and motion paths.

1 A potentially important determinant of vection is the apparent smoothness of the portrayed motion. Researchers  
2 have attempted to quantify the sample rate at which stroboscopic motion appears equivalent to continuous  
3 motion (or appears to be smooth and continuous). For example, Burr et al [10] studied the effects of frame rate  
4 on the perception of drifting sinusoidal gratings. For the lowest spatial frequency grating of 0.07 cycles per degree  
5 moving at the fastest speed of 171 deg/s (temporal frequency of 12 Hz), the frame rate needed to be at least  
6 about 60 Hz to appear smooth to their two subjects. In a related study, De Bruyn and Orban [11] reported that  
7 the maximum velocity at which direction discrimination was possible increased with frame rate (at least until the  
8 highest frame rate of 100 fps that they tested). More recently, Kuroki et al [12,13] found that perceived motion  
9 smoothness during free head/eye movement while viewing a high-refresh rate CRT improved with increased  
10 frame rate up to 250 Hz, at which point responses plateaued.

11 Another factor that may influence vection is motion blur. When exposure time is not infinitesimally short, the  
12 image moves across the sensor during the exposure period producing motion smear of the image or motion blur.  
13 Motion blur is a function of the image speed and the exposure duration of each frame. While mechanical shutters  
14 are no longer in use, it is still conventional to refer to the exposure duration in terms of the equivalent shutter  
15 angle. The typical shutter angle used for 24 fps footage is 180°, which is equivalent to the shutter being 'open' for  
16 half of the frame. The impact of both frame rate and shutter angle are modulated by image velocity. Motion  
17 artefacts caused by rapidly moving cameras or objects can be reduced by employing higher frame rates and  
18 smaller shutter angles. However, although the physical constraints of stroboscopic image sampling can be  
19 modeled, and blur can be quantified, there is evidence that these calculations do not accurately predict perceived  
20 blur [14,15]. Thus, here we assess the impact of various degrees of motion blur on vection.

21 There is a large literature on the effects of frame rate, refresh rate, and latency in interactive computer graphics  
22 applications such as vehicle simulation, human-computer interaction, gaming and virtual reality (VR). Most of this  
23 work has focused on the effects of very low frame rates (sub 10 fps) and so is not particularly relevant to film. For  
24 VR, frame rates are important; tasks such as heading perception are impacted below 15 fps [for review see 16].  
25 In interactive graphics, frame rate can be a limiting factor on response latency and long interaction latencies have  
26 a number of negative effects [for review see 17]. Meehan et al [18] found that presence and physiological  
27 correlates such as heart rate in a stressful environment increased with frame rate from 15 to 30 fps consistent  
28 with a more compelling VR display. However, the physiological stress measures were unexpectedly high at 10 fps,  
29 which the authors attributed to discomfort and poor balance at this low frame rate.

30 There has been discussion of the effects of frame rate in cinema on vection and simulator sickness but, as for VR  
31 and gaming, most of this work has focussed on the effects of low frame rates [19]. However, a potentially relevant  
32 observation from this literature is that vection is increased by realism [20,21]. Given that higher-frame rate motion  
33 has been described as hyper-realistic it is possible that the compelling motion in HFR footage will increase the  
34 sense of vection particularly in immersive theatre scenarios. While negative reactions such as simulator/cinema  
35 sickness are usually associated with very low frame rates [e.g., 22], the compelling motion may promote cinema  
36 sickness. Similarly, as the moving image becomes increasingly realistic the chances of experiencing uncanny valley  
37 and other negative reactions increase [23]. To our knowledge, there has been no investigation of these  
38 possibilities.

39 The experiments presented here are the first to empirically evaluate the impact of HFR, with synchronized capture  
40 and presentation, on vection elicited by S3D cinema content. Two experiments were conducted: in the first we  
41 investigated the effects of three S3D movie parameters on perceived vection strength (frame rate, stimulus

1 motion speed and motion blur). In the second, we examined the effects of these parameters on perceived vection  
2 and on postural sway in response to perceived vection.

3

## 4 2. Methods

### 5 2.1 Participants

6 30 adult volunteers (including two experimenters) consisting of 17 females and 13 males ranging in age from 17  
7 to 63 years participated in Experiment 1. They received \$10 CAD after the experiment as an honorarium for  
8 participation. A second group of 32 adult volunteers (27 females and 5 males) ranging in age from 18 to 23 years  
9 participated in Experiment 2. They received credit in an undergraduate Psychology course for their participation.  
10 None (except for two experimenters who participated in Experiment 1) were aware of the purpose of the  
11 experiment. All observers agreed to avoid medication that would affect their stability while participating in the  
12 study and reported no relevant illness. Their participation was also based on a score of at least 80% in a random  
13 dot stereogram test. Results from 4 of the 32 participants in Experiment 2 were excluded from analysis; one of  
14 these did not understand the task, the other three exhibited excessive foot movement throughout the session  
15 which made their postural sway data unusable. Both studies were approved by the research ethics board of York  
16 University, Toronto, Canada.

17

### 18 2.2 Stimuli

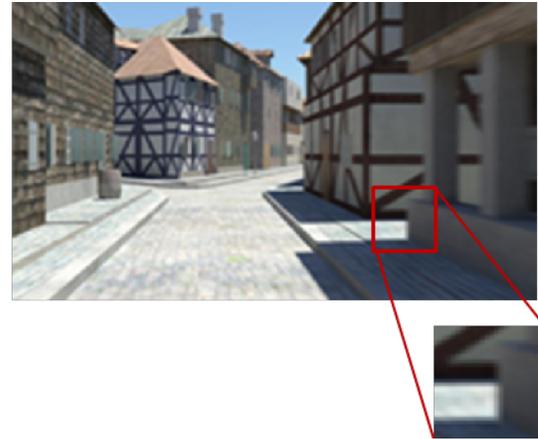
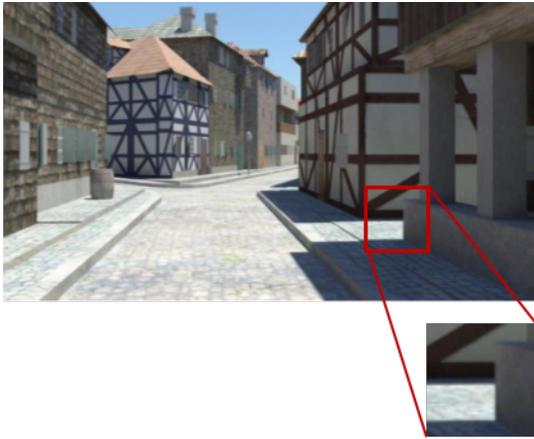
19 Stimuli were 1920 x 1080 pixel stereoscopic 3D computer graphics movies which subtended 50 x 29 degrees. They  
20 were rendered using computer graphics software (AUTODESK Maya, v2015 windows 64 bit). Movie sequences  
21 depicted forward motion (from the camera point of view) along a winding street in a medieval city [24]. At the  
22 start of each movie the scene was stationary, then motion accelerated for 5.0 s, after which a constant speed was  
23 maintained. The average speed was 20 or 40 km/h for the slow and fast motion conditions respectively. All movies  
24 were 30 s in duration. During rendering, the 3D camera positions were set to the height of the centre of the  
25 screen, the interpupillary distance (IPD) was fixed at 6.5 cm, and cameras were pointed in the direction of  
26 instantaneous motion. The field of view of the virtual camera matched the visual angle of the projection screen  
27 from the distance to the observer. Because the scene was accurately scaled, participants observed a geometrically  
28 correct life-sized city model. To introduce different levels of motion blur, a series of movies was generated with  
29 four virtual camera exposure durations (0, 16.7, 33.3 and 66.7 ms). For a given exposure, the amount of motion  
30 blur increases with increasing image motion speed. Motion blur could therefore be kept constant by doubling the  
31 speed and halving the exposure duration.

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1 (a) Simulated blur at 0 ms camera exposure

(b) Simulated blur at 33.3 ms camera exposure

2 **Fig. 1: Two rendered frames of the stimulus showing motion blur corresponding to (a) 0 and (b) 33.3 ms**  
3 **camera exposure. Insets show expanded regions to illustrate increased blur at 33.3 ms exposure**

4 **2.3 Apparatus**

5 Stimuli were played back using RV v4.2.4 (Tweak's frame-accurate real-time presentation software) from a PC  
6 running a Windows 7 SP1 64-bit operating system, an Intel Core i7-2700K 3.5 GHz processor, 32 GB internal  
7 memory, and an NVidia Quadro K5000 graphics processing unit. They were presented as stereoscopic movies via  
8 a Christie Digital Mirage projector (Christie Digital Systems, Kitchener, Canada; Fig. 2a) and Christie Digital active  
9 3D shutter glasses (upper Fig. 2c). The projector's total refresh rate was 120 Hz, with refresh rate per eye of 60  
10 Hz. Movie frame rates were 60, 30, 15 fps for each eye. Multi-flash protocol, wherein the same frame image was  
11 presented multiple times - once for 60 fps, twice for 30 fps and four times for 15 fps per eye, was used to match  
12 the projector's refresh and movie frame rates and keep the total number of frames presented for a given speed  
13 constant.

14  
15 Participants in the first experiment sat on a chair placed at a viewing distance of 3.26 m from a 3 × 1.8 m Stewart  
16 Film projection screen (Stewart Filmscreen, Torrance CA; Fig. 2b) and wore shutter glasses to view the S3D  
17 content. Participants in the second experiment stood on a 45 × 25 cm Nintendo Wii balance board (Nintendo Co.,  
18 Ltd., Kyoto, Japan; Fig. 2d) placed at a distance of 3.26 m from the projection screen. To investigate the effect of  
19 visibility of the dimly lit surround observers viewed the stimuli under two conditions: (1) the shutter glasses  
20 without obstruction as in Experiment 1 and (2) the glasses enclosed within a periphery-occluding (PO) device  
21 made from cardboard (lower Fig. 2c). The PO device limited observers' periphery to the projection screen and  
22 blocked their view of the floor and the area surrounding the screen. An application developed by Brian Peek [25]  
23 was used to log centre-of-pressure (CoP) data transmitted from the Nintendo Wii balance board at 1 KHz nominal  
24 sampling frequency through a Bluetooth radio interface. Occasionally-dropped data frames were estimated  
25 through linear interpolation. A 101-length moving average filter was also applied to the data to reduce high  
26 frequency noise. Experiments were conducted in a large dark room where the only illumination was from the  
27 projected image. In both experiments, the head was not restrained but the subject was instructed to face the  
28 screen and remain still.

29



(a)



(b)



(c)



(d)

1 **Fig. 2: Experiment apparatus (a)  $1920 \times 1080$  pixel, 120 Hz refresh rate Christie Mirage projectors (only the**  
2 **upper projector was used) (b)  $3 \times 1.8$  m Stewart Film projection screen (c) Christie Digital active 3D shutter**  
3 **glasses with (lower image) and without (upper image) the periphery-occluding (PO) device (d) Nintendo Wii**  
4 **balance board used to measure postural sway.**

5

## 6 2.4 Procedure

7 In both experiments, a magnitude estimation procedure was used to measure the strength of perceived vection.  
8 In each trial, vection was rated relative to a standard stimulus that was shown to the observers at the beginning  
9 and at the midpoint of a session. The standard was the test movie with a frame rate of 30 fps, slow speed and  
10 camera exposure of 16.7 ms. Observers were told to assign '100' to the vection they experienced when viewing  
11 the standard. In subsequent trials, they were asked to rate their perceived vection relative to that generated by  
12 the standard; for instance, if they experienced twice as much vection they would respond 200, half as much  
13 vection, 50. If no vection was experienced they were told to assign a value of 0. Prior to each trial, a white fixation  
14 cross was shown at the center of the black screen. The experimenter started a trial when the stimulus was loaded  
15 and the participant was ready. The fixation cross disappeared when the movie started, and after viewing the  
16 movie observers rated the strength of their perceived vection. In Experiment 1 ratings were recorded by the  
17 experimenter, and in Experiment 2 the participants made their responses using a wireless mouse and an onscreen

1 keypad. Participants in Experiment 2 were asked to stand erect and relaxed on the balance board and to limit  
2 unnecessary movements (like shuffling of feet) that would corrupt the postural CoP data being collected.

3 In Experiment 1 each condition was presented once for each subject in random order for 2(speeds) x 3(frame  
4 rates) x 4(camera exposure) = 24 trials. In Experiment 2, we investigated the effect of eliminating screen edge and  
5 surround cues (along with frame rate and speed, and a fixed camera exposure of 33.3 ms) by having observers  
6 wear the PO device with the shutter glasses. Observers completed 6 trials corresponding to 2 speeds x 3 frame  
7 rates in each of two blocks, one block with and one block without their periphery occluded for a total of 12 trials.  
8 The order of blocks was counterbalanced and the order of trials within a block was randomized for each subject.

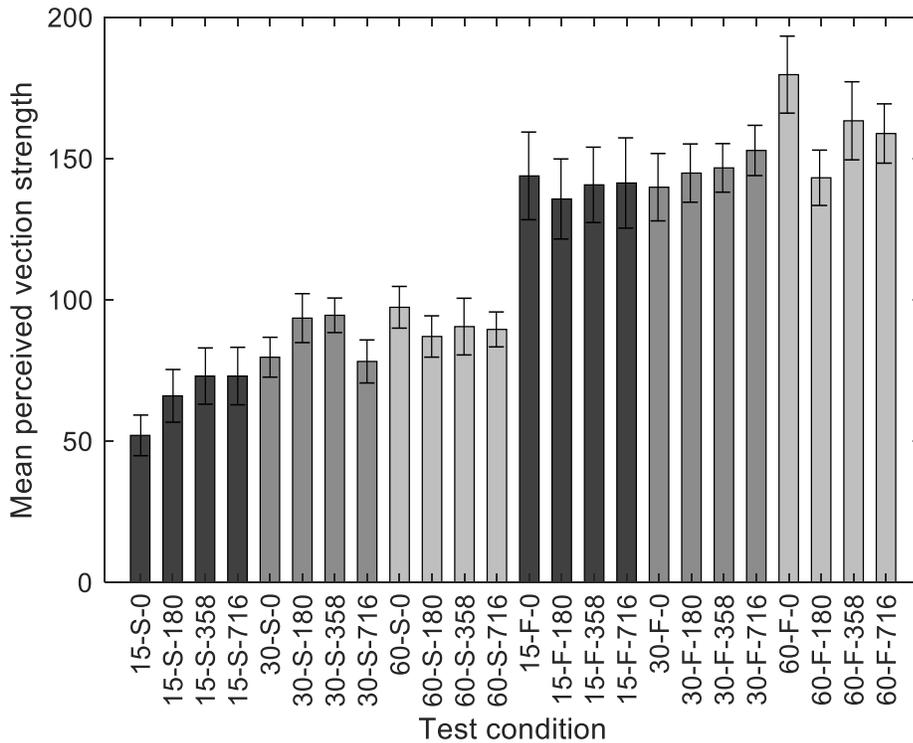
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### 10 3. Results

11 The results of Experiments 1 and 2 are presented in sections 3.1 and 3.2 respectively.

#### 12 3.1 Results, Experiment 1

13 The graph in Fig. 3 shows the mean vection strength reported by the 30 participants in all 24 test conditions.  
14 Frame rates and camera exposure times are represented by their respective numerical values. Movie speed is  
15 indicated by letters S (slow) and F (fast). For example, 60-F-66.7 means the stimulus played back at 60 fps, with  
16 fast (40 km/h) motion speed and motion blur corresponding to a simulated camera exposure duration of 66.7 ms.



17

18 **Fig. 3: Experiment 1 - mean vection strength reported by 30 participants for each frame rate, camera speed**  
19 **and exposure duration. Error bars represent  $\pm 1$  standard error of the mean. See text for description of x-axis**  
20 **label convention.**

1 3.1.1 Effects of stereoscopic movie parameters on perceived vection

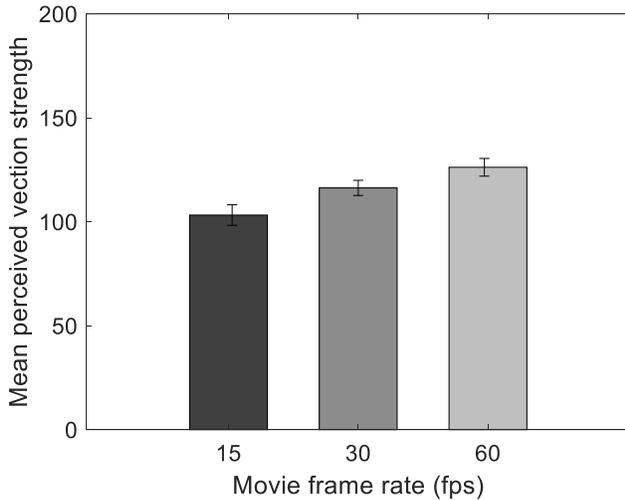
2 Fig. 4-6 show the mean perceived vection strength for movie frame rates of 15, 30 and 60 fps, slow and fast  
3 camera motion speeds, and camera exposure durations of 0, 16.7, 33.3 and 66.7 ms. A three-way Repeated  
4 Measures ANOVA (rANOVA) was used to assess main effects of and interactions between the movie parameters  
5 on perceived vection strength (see Table 1). Whenever the rANOVA revealed significant parameter effects on  
6 perceived vection strength, we used the Tukey's Honest Significant Difference Criterion (HSD) to identify the  
7 particular parameter levels that had statistically significant effects. We also evaluated effect sizes of the various  
8 movie parameters using *Partial Eta Squared* (partial  $\eta^2$ ,  $\eta_p^2$ ) given by the formula

9 
$$\eta_p^2 = \frac{SS_{effect}}{(SS_{effect} + SS_{Error})} \quad \text{Eq.1}$$

10 Where  $SS_{effect}$  = Variance associated with an effect (movie parameter) and,

11  $SS_{Error}$  = Movie parameter's associated error

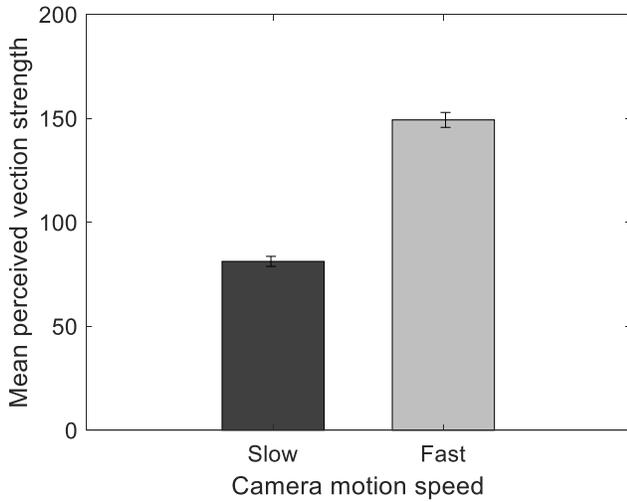
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13

14 **Fig. 4: Experiment 1 - effects of movie frame rate on mean perceived vection. Data are collapsed across**  
15 **camera motion speed and camera exposure. Error bars represent  $\pm 1$  standard error of the mean.**

16



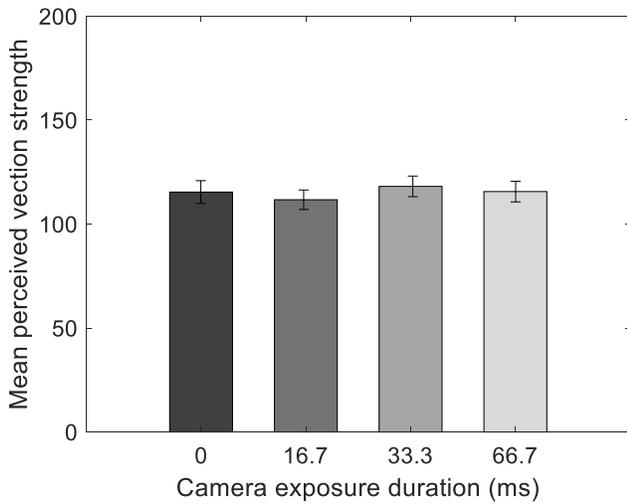
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2

**Fig. 5: Experiment 1 - effects of camera motion speed on mean perceived vection. Data are collapsed across movie frame rate and camera exposure. Error bars represent  $\pm 1$  standard error of the mean.**

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**Fig. 6: Experiment 1 - effects of motion blur (simulated by the camera exposure duration) on mean perceived vection. Data are collapsed across movie frame rate and camera motion speed. Error bars represent  $\pm 1$  standard error of the mean.**

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1 **Table 1: Experiment 1, repeated measures analysis of variance for perceived vection magnitude. Results of the**  
 2 **rANOVA test are shown, with the degrees of freedom (df), F-statistic, p values and effects size (partial Eta<sup>2</sup>)**  
 3 **specifying the effects of main movie parameters and their interactions.**

Parameter	df (parameter)	df (error)	F	p	$\eta_p^2$
Movie frame rate	2	58	4.69	.013	0.106
Camera motion speed	1	29	54.9	<.001	0.608
Motion blur	3	87	0.909	.440	0.007
Movie frame rate & camera motion speed	2	58	2.02	.140	0.013
Movie frame rate & motion blur	6	174	2.38	.031	0.037
Camera motion speed & motion blur	3	87	1.80	.152	0.017
Movie frame rate & camera motion speed & Motion blur	6	174	0.67	.672	0.014

4

5 (i) Main effects

6 Movie frame rate: The rANOVA tested the hypothesis that the mean vection strength perceived at movie frame  
 7 rates of 15, 30 and 60 fps were the same. The significant main effect shown in the first row of Table 1 suggests  
 8 that mean vection strength varied significantly with frame rate (see Fig. 4). Tukey's HSD did not reveal any  
 9 significant differences in mean vection estimates between pairs of frame rate conditions (Table 2).  
 10

10

11 **Table 2: Experiment 1 - results of Tukey's HSD evaluating the impact of frame rate on perceived vection.**

Frame rate		Lower bound	Upper bound	p
15fps	30fps	-31.8767	5.7517	.217
15fps	60fps	-46.2429	0.2845	.053
30fps	60fps	-21.8142	1.9809	.116

12

13 Camera motion speed: The bar graph in Fig. 5 shows mean perceived vection strength at slow and fast camera  
 14 speeds. Results of the rANOVA presented in Table 1 confirm that vection strength was significantly greater when  
 15 viewing fast vs. slow moving stimuli.  
 16

16

17 Motion blur: The main effect of the four levels of camera exposure (0, 16.7, 33.3, and 66.7 ms) on vection was not  
 18 significant, consistent with the relatively flat function depicted in Fig. 6. This suggests that motion blur had little  
 19 direct effect on perceived vection.  
 20

20

21 (ii) Interaction effects

22 The effects of the two- and three-way interactions between movie parameters on mean perceived vection  
 23 strength are also presented in Table 1. Of these, only the frame rate/motion blur interaction was significant. The  
 24 result of Tukey's HSD across this interaction is shown in Table 3 and the corresponding interaction plot presented  
 25 in Fig. 7. They show significant differences between frame rates of 15 and 60 fps, and 30 and 60 fps at only 0 ms  
 26 camera exposure conditions. This interaction is difficult to interpret, but suggests that conditions with no motion  
 27 blur were particularly effective at 60 fps but not at lower frame rates.  
 28

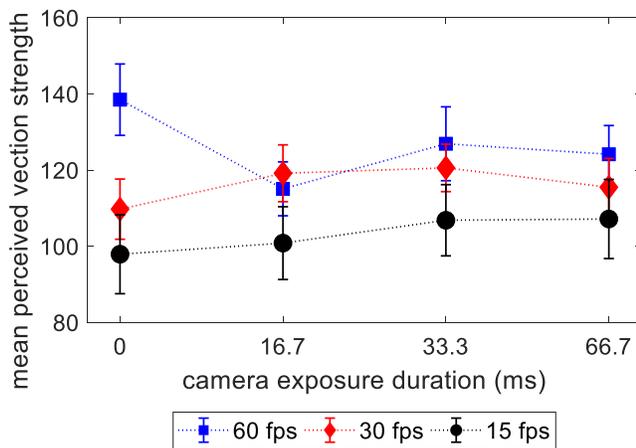
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1 **Table 3: Experiment 1 - results of Tukey's HSD evaluating effects of frame rate/motion blur interaction on**  
 2 **perceived vection.**

Frame rate		Camera exposure duration	Lower bound	Upper bound	p
15 fps	30fps	0 ms	-36.2585	12.59186	.465
15 fps	60 fps	0 ms	-63.6861	-17.4806	.0005
30 fps	60 fps	0 ms	-49.0871	-8.41286	.004
15 fps	30fps	16.7 ms	-44.5819	7.915264	.213
15 fps	60 fps	16.7 ms	-43.1807	14.68065	.453
30 fps	60 fps	16.7 ms	-13.5482	21.71489	.836
15 fps	30fps	33.3 ms	-35.2985	7.798502	.272
15 fps	60 fps	33.3 ms	-52.152	11.98533	.285
30 fps	60 fps	33.3 ms	-24.5016	11.8349	.669
15 fps	30fps	66.7 ms	-33.6524	16.98572	.698
15 fps	60 fps	66.7 ms	-44.2817	10.28168	.288
30 fps	60 fps	66.7 ms	-24.1218	6.78844	.362

3



4

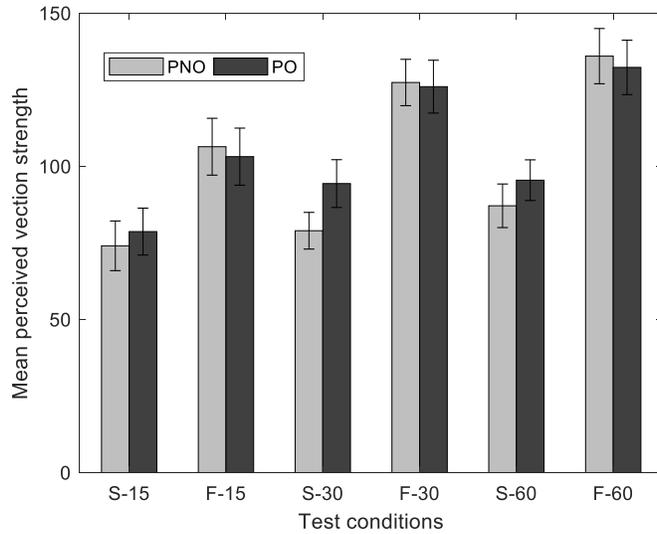
5 **Fig. 7: Experiment 1 - illustrating effects of the interaction between movie frame rate and motion blur on**  
 6 **perceived vection. Error bars represent  $\pm 1$  standard error of the mean.**

7

8 3.2 Results, Experiment 2

9 The bar graph in Fig. 8 shows the mean perceived vection strength reported by participants in all 6 conditions  
 10 (consisting of 2 speeds x 3 frame rates) observed with and without peripheral occlusion.

11



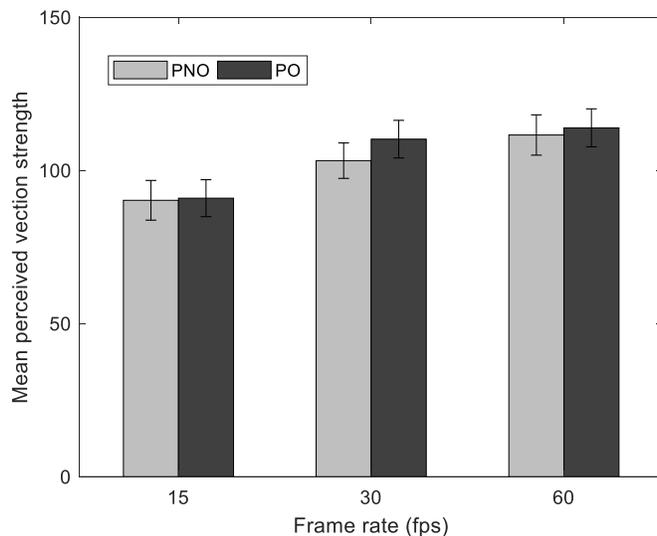
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2 **Fig. 8: Experiment 2 - mean perceived vection strength reported by participants in all periphery not occluded**  
 3 **(PNO), (grey bars) and periphery occluded (PO), (black bars) test conditions. Error bars represent  $\pm 1$  standard**  
 4 **error of the mean. The letters in the labels stand for stimulus motion speeds (S = slow, F = fast) while numbers**  
 5 **stand for the respective frame rates. All stimuli had a camera exposure duration of 33.3 ms.**

6

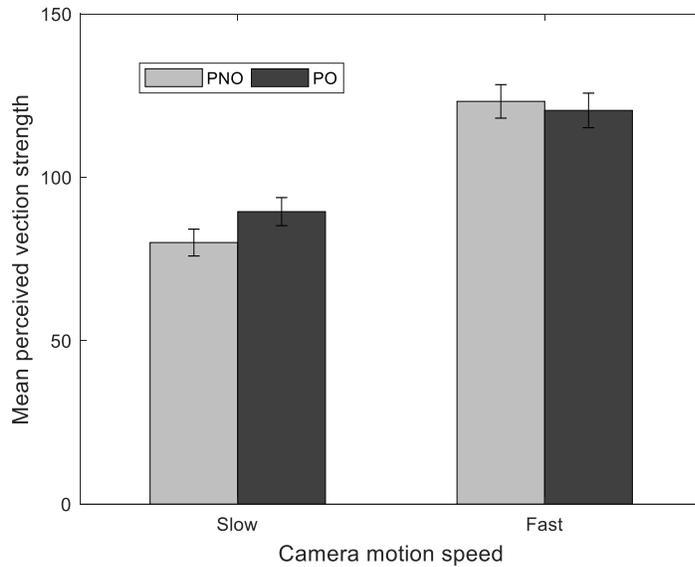
7 [3.2.1 Effects of stereoscopic movie parameters and peripheral occlusion on vection strength](#)

8 The bar graphs in Fig. 9 and 10 show the effects of stimulus frame rate and motion speed on mean vection strength  
 9 (n=28). As in Experiment 1 we used a three-way rANOVA to assess main effects of and interactions between the  
 10 various parameters on perceived vection strength (see Table 4).



11

12 **Fig. 9: Experiment 2 - effects of movie frame rate on mean perceived vection for periphery not occluded**  
 13 **(PNO), (grey bars) and periphery occluded (PO), (black bars) conditions. Data are collapsed across camera**  
 14 **motion speed. Error bars represent  $\pm 1$  standard error of the mean.**



1

2 **Fig. 10: Experiment 2 - effects of camera motion speed on mean perceived vection for periphery not occluded (PNO), (grey bars) and periphery occluded (PO), (black bars) conditions. Data are collapsed across movie**  
 3 **frame rate. Error bars represent  $\pm 1$  standard error of the mean.**

5

6 **Table 4: Experiment 2, repeated measures analysis of variance for perceived vection magnitude. Results of**  
 7 **the rANOVA analysis, showing degrees of freedom (df), F-statistic, p values and effects size (partial  $\eta^2$ ) for**  
 8 **each stimulus parameter and their interactions.**

Parameter	df (parameter)	df (error)	F	p	$\eta^2$
Movie frame rate	2	54	6.10	.004	0.192
Camera motion speed	1	27	40.0	<.001	0.484
Peripheral occlusion	1	27	0.54	.471	0.008
Movie Frame rate & camera motion speed	2	54	1.12	.333	0.026
Movie frame rate & peripheral occlusion	2	54	0.32	.727	0.005
Camera motion speed & peripheral occlusion	1	27	3.46	.074	0.025
Movie frame rate & camera motion speed & peripheral occlusion	2	54	0.13	.879	0.002

9

10 (i) Main effects

11 Movie frame rate: As is evident in Fig. 9, similar to Experiment 1, there was a significant main effect of frame rate;  
 12 vection responses generally increased with frame rate. Tukey's HSD revealed significant differences in mean  
 13 perceived vection strength between stimulus frame rates of 15 and 60 fps but not between 15 and 30 fps or  
 14 between 30 and 60 fps (Table 5).

15

16

1 **Table 5: Experiment 2 - results of Tukey's HSD evaluating the impact of movie frame rate on perceived**  
 2 **vection.**

Frame rate		Lower bound	Upper bound	p
15fps	30fps	-34.2250	2.0107	.089
15fps	60fps	-42.2762	-2.0095	.029
30fps	60fps	-13.6717	1.6002	.142

3  
 4 Camera motion speed: Fig. 10 shows that vection responses were on average larger for the high speed condition  
 5 than the low speed condition, consistent with a significant main effect of speed.

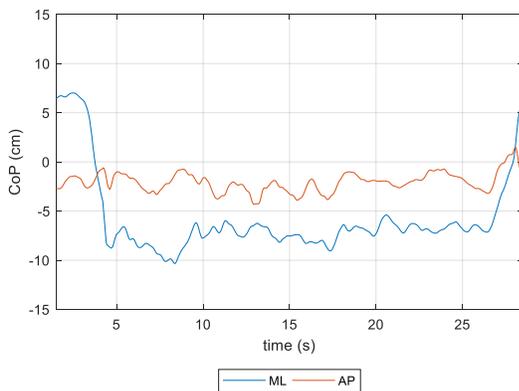
6  
 7 Peripheral occlusion: There was no significant difference in mean vection response between periphery occluded  
 8 and non-occluded viewing conditions.

9 (ii) Interaction effects

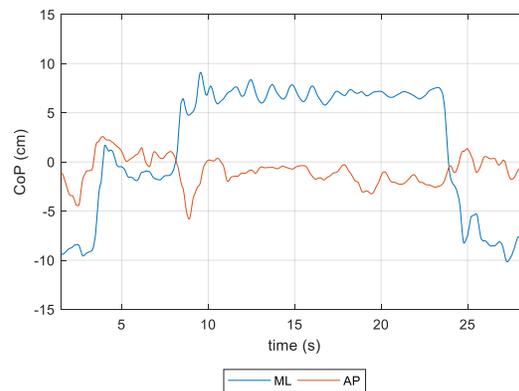
10 There were no significant two-way or three-way interaction effects as shown in Table 4.

11  
 12 **3.2.2 Postural Sway**

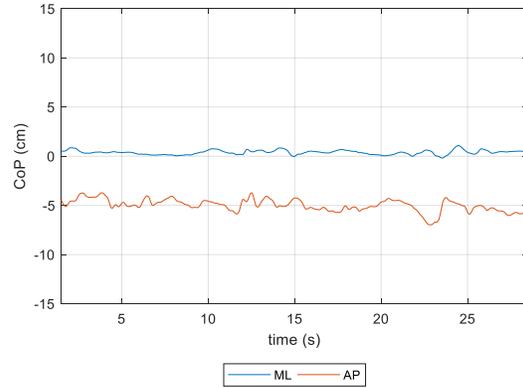
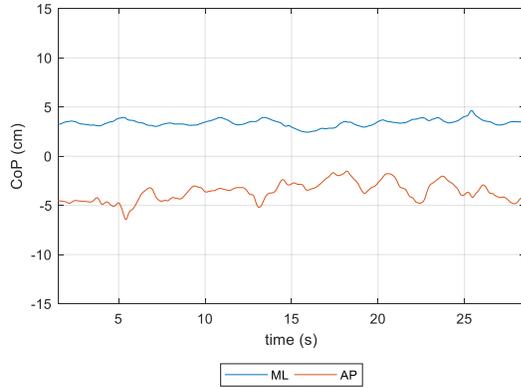
13 This section investigates possible relationships between vection strength and postural sway measured in  
 14 Experiment 2. The CoP data depicting postural sway obtained from two participants while they observed the  
 15 stimulus on two trials are shown in Fig. 11. The postural sway paths formed by tracing every point on the CoP  
 16 waveforms are shown in Fig. 12. The convex polygons traversing the respective sway paths, from which the sway  
 17 path areas were calculated, are shown in red. We used these sway path areas described in [26] as measures of  
 18 the amount of participants' postural sway.



**(a) Participant 6, 15-S-PNO**



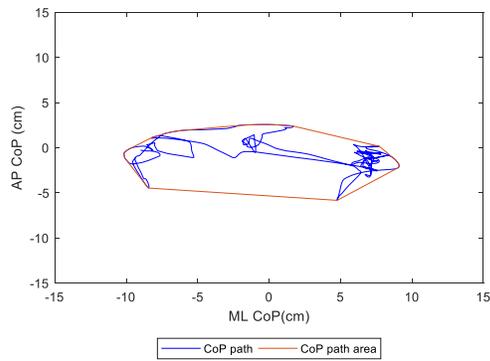
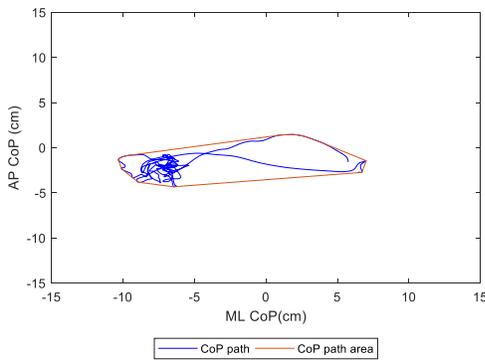
**(b) Participant 6, 15-S-PO**



(c) Participant 8, 15-S-PNO

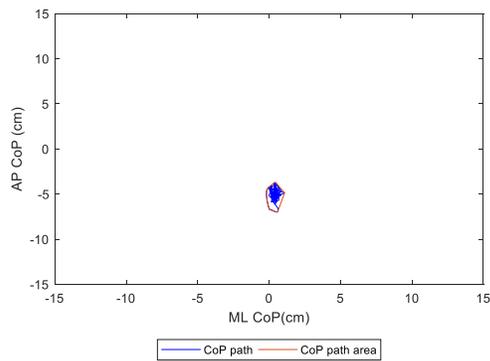
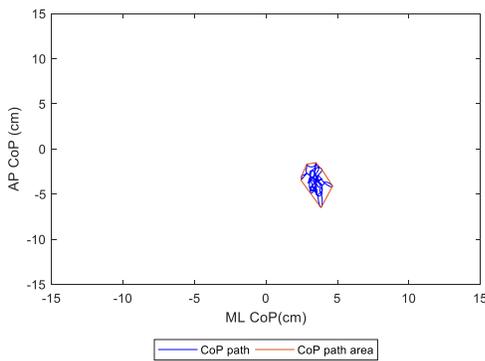
(d) Participant 8, 15-S-PO

1 **Fig. 11: Experiment 2 - CoP waveforms in the anterior-posterior (AP) and medial-lateral (ML) directions**  
 2 **obtained from two participants (6 upper row, 8 lower row) while viewing the stimulus with periphery**  
 3 **occluded (PO), (right column) and periphery not occluded (PNO), (left column).**



(a) Participant 6, 15-S-PNO

(b) Participant 6, 15-S-PO

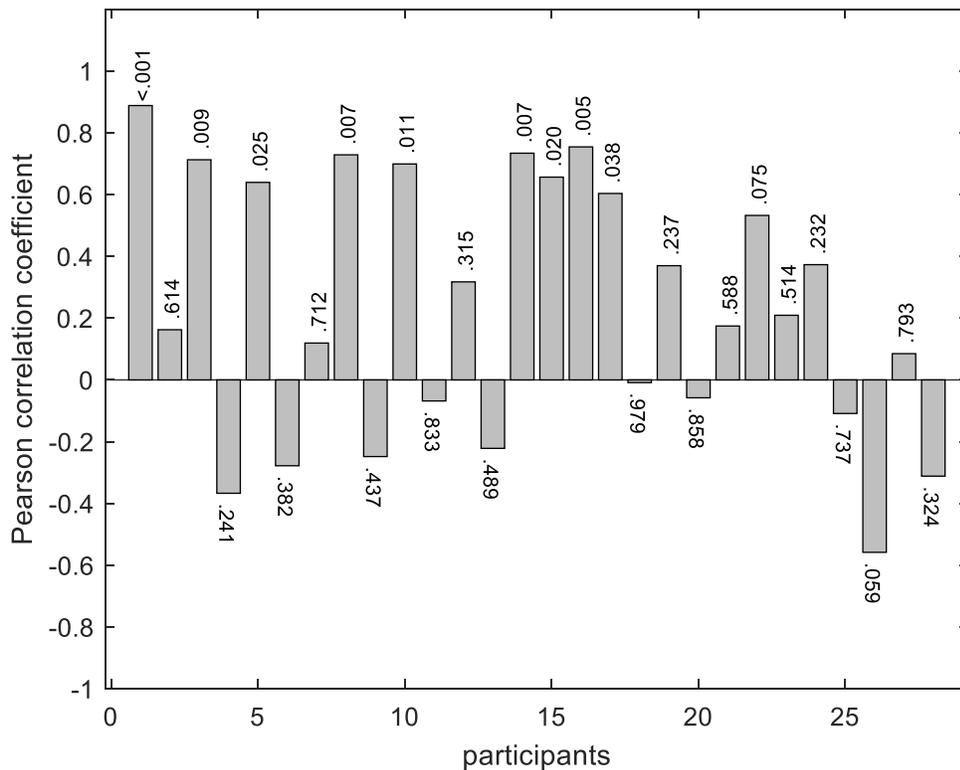


(c) Participant 8, 15-S-PNO

(d) Participant 8, 15-S-PO

4  
 5 **Fig. 12: Experiment 2- paths traced from CoP data points in Fig. 11 (blue lines) and their corresponding**  
 6 **bounding convex polygons (shown in red).**

1 We used Pearson's coefficient to investigate the correlation between reported vection strength and  
 2 corresponding postural sway represented by the area of their CoP paths. The correlation coefficients with p values  
 3 indicating their respective significance levels for 12 trials (2 speeds x 3 frame rates x 2 peripheral occlusion  
 4 conditions) for all participants are shown in Fig. 13. Positive correlation values reflect an increase in postural  
 5 instability (or postural sway) as perceived vection scores increase. Negative correlation coefficient values mean  
 6 postural sway decreases as perceived vection increases. The lower the p value, the greater the likelihood (or  
 7 significance) of a correlation existing between perceived vection and postural sway. As shown in Fig. 13, bars for  
 8 18 (64%) participants show positive correlations between perceived vection strength and postural sway, with 9  
 9 (50%) of them being significant ( $p < .05$ ).



10

11 **Fig. 13: Experiment 2 - Pearson's coefficient of correlation with p values between participants' perceived**  
 12 **vection strength and level of postural activity**

13 To combine the vection-postural sway correlation coefficients across observers, we followed the approach of [27]  
 14 and converted them into a standard normal metric (using Fisher's r-to-Z transformation), computed the mean and  
 15 confidence interval (CI), and then converted these back to correlations. A significant positive correlation ( $r = .29$ ,  
 16 95% CI [0.174, 0.399],  $p < .001$ ) was found between vection and postural sway.

17

18

1 3.2.3 Effects of stereoscopic movie parameters and peripheral occlusion on postural sway

2 A three-way rANOVA test was used to investigate the effects of movie parameters and peripheral occlusion on  
3 postural sway. In order to compare the postural sway data from all participants on a uniform scale and account  
4 for differences in individual postures possibly influencing postural sway (similar to [28]), the convex areas of the  
5 CoP paths for each participant were normalized by the formula

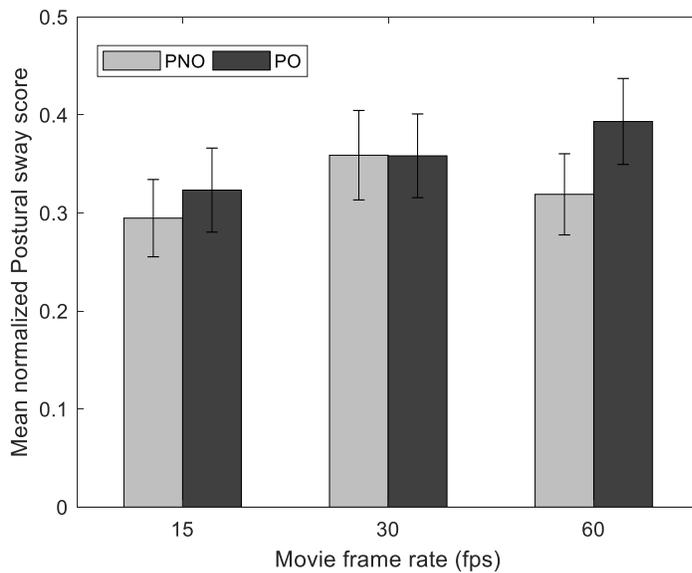
6 
$$a = \frac{(A_x - A_{min})}{(A_{max} - A_{min})} \quad Eq.2$$

7 where  $a$  = normalized postural sway score with range  $0 \leq a \leq 1$

8  $A_x$  = the path area of a single CoP observation

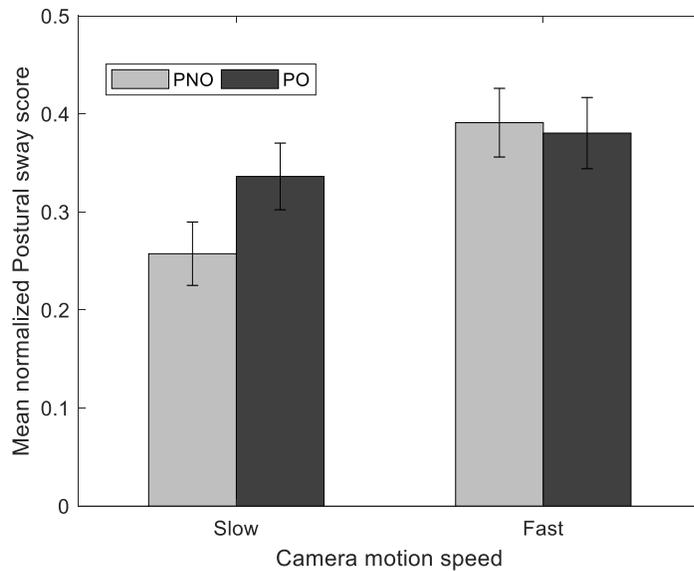
9  $A_{min}, A_{max}$  = participant's respective minimum and maximum CoP path areas from all 12 observations.

10 The bar graphs in Fig. 14 and 15 show the effects of frame rate and speed on the average postural sway of  
11 participants for two viewing conditions. It appeared that there was an increase in the mean normalized postural  
12 sway score with increasing frame rate for the periphery-occluded conditions. There was also an apparent increase  
13 in mean normalized postural sway score with speed for both periphery-occluded and not-occluded viewing  
14 conditions. The results of the three-way rANOVA test to assess the main effects of and interactions between  
15 movie parameters and peripheral occlusion on participants' postural sway is presented in Table 6.



16

17 **Fig. 14: Experiment 2 - effects of movie frame rate on participants' mean normalized postural sway for**  
18 **periphery not occluded (PNO), (grey bars) and periphery occluded (PO), (black bars). Data are collapsed across**  
19 **camera motion speed. Error bars represent ±1 standard error of the mean.**



1

2 **Fig. 15 Experiment 2 - effects of camera motion speed on participants' mean normalized postural sway for**  
 3 **periphery not-occluded (PNO), (grey bars) and periphery occluded (PO), (black bars). Data are collapsed**  
 4 **across frame rate. Error bars represent  $\pm 1$  standard error of the mean.**

5

6 **Table 6: Experiment 2 - repeated measures analysis of variance for normalized postural sway. Results of the**  
 7 **rANOVA analysis showing degrees of freedom (df), F-statistic, and p values, and effects size (partial  $\eta^2$ ) for**  
 8 **each stimulus parameter and their interactions.**

Parameter	df (parameter)	df (error)	F	p	$\eta^2$
Movie frame rate	2	54	0.99	.377	0.053
Camera motion speed	1	27	4.74	.038	0.176
Peripheral occlusion	1	27	0.48	.494	0.031
Movie frame rate & camera motion speed	2	54	0.40	.669	0.024
Movie frame rate & peripheral occlusion	2	54	0.49	.617	0.025
Camera motion speed & peripheral occlusion	1	27	3.25	.083	0.051
Movie frame rate & camera motion speed & peripheral occlusion	2	54	0.36	.700	0.019

9

10 (i) Main effects

11 Movie frame rate: Results from the 3-way rANOVA presented in Table 6 suggest that there was no significant main  
 12 effect of movie frame rate on participants' normalized postural sway.

13

14 Camera motion speed: Results in Table 6 show that camera motion speed had a significant effect on normalized  
 15 postural sway. Fast-motion speed stimuli induced significantly greater postural sway than slow-motion speed  
 16 stimuli (mean normalized postural sway = 0.297) as suggested by the bar graph of Fig. 15.

17

1 Peripheral occlusion: Table 6 shows a non-significant effect of peripheral occlusion on participants' normalized  
2 postural sway.

3 (ii) Interaction effects

4 As shown in Table 6, there were no significant effects of interactions between stimulus parameters on  
5 participants' normalized postural sway.

6

#### 7 4. Discussion and Conclusion

8 In these experiments we investigated (1) how participants' perceived self-motion varied with movie frame rate,  
9 simulated virtual camera speed and motion blur produced by the virtual camera's exposure, while viewing  
10 depictions of movement through a realistic virtual environment, and (2) how their postural sway covaried with  
11 levels of perceived self-motion and with the S3D movie parameters. Results from both experiments showed that  
12 the simulated motion speed had the strongest effect on vection, i.e. on average, faster motion speed produced  
13 more vection than the slower motion speed. This finding is consistent with previous studies that have shown a  
14 positive correlation between vection strength and stimulus speed [29,30]. There was also an effect of frame rate  
15 on vection, with the highest frame rate of 60 fps producing significantly higher vection than the lowest frame  
16 rate of 15 fps. This finding is consistent with [9] where vection strength was found to increase with motion  
17 smoothness due to higher frame rates. Motion blur had no significant main effect on vection, although  
18 conditions with no motion blur appeared to have stronger effects on vection at 60 fps than at lower frame rates.

19 Peripheral occlusion (PO) in Experiment 2 did not have a significant effect on vection. This is likely due to the fact  
20 that the 3D glasses already eliminate many extraneous visual surround cues that indicate the observer is not  
21 moving. The lack of an effect of the occluded periphery indicates that the remaining peripheral visual cues were  
22 not salient and thus did not significantly interfere with vection.

23 In our study, measures of postural sway in 18 of 28 participants correlated positively with vection; this correlation  
24 reached significance in 9 of the 18. Interestingly, the remaining 10 observers showed non-significant negative  
25 correlations between postural sway and vection strength. It appears that these participants adopted a rigid stance  
26 to stabilize themselves when experiencing vection. The average postural sway also correlated positively and  
27 significantly with average vection ratings.

28 There has been growing interest in the physiological consequences of vection, the most profound of which is  
29 Visually Induced Motion Sickness (VIMS) [for recent review see 31]. Some researchers consider vection to either  
30 be a main contributor to, or to jointly occur with VIMS [32–34] and Nooij et al [35] concluded that vection gain  
31 was the main contributor (amongst eye and head movement factors) to VIMS triggered by yaw rotation. On the  
32 other hand, several researchers in [5,36,37] have suggested that vection could play functional roles in controlling  
33 self-motion, navigation and spatial orientation, thus affirming the strong positive impact of vection on viewer  
34 enjoyment and immersion of S3D content. Given the potential for both positive and negative consequences of  
35 vection, self-motion percepts should be of primary concern to producers of high frame rate S3D content. Moving  
36 content should be tested for such negative consequences as VIMS, and ways to reduce the effect on vection and  
37 the resulting VIMS should be employed. One possible way of reducing vection in high frame rate S3D content  
38 would be to introduce some motion blur. However, in general, we found no, or weak, effects of motion blur on  
39 vection. One exception was a drop in vection strength between unblurred and motion blurred stimuli at 60 fps.  
40 This suggests that adding even a small amount of motion blur may be effective in reducing vection and VIMS in  
41 high- but not low-frame rate stimuli. Such a suggestion needs follow-up at other frame rates and speeds as this

1 difference was found only at 60 fps, and in general there was no relation between motion blur and vection.  
2 Because humans fixate more at image regions with sharp (high frequency) edges [38] and less on regions with  
3 blurred edges, S3D content with sharper edges could result in better immersion and spatial presence than content  
4 with blurred edges. Illusions of self-motion have been shown to be directly related to spatial presence [21], and  
5 therefore an increased spatial presence arising from observing such content potentially leads to greater chances  
6 of vection (and VIMS) occurring.

7 There has been considerable interest in finding ‘objective’ measures of vection [5,39,40]. While it might seem  
8 strange to look for objective measures of an inherently subjective experience, several papers have argued for the  
9 utility of such measures. For example, Palmisano et al [5] have argued that such measures are necessary for  
10 confirmatory evidence when vection displays are weak or when one wishes to study cognitive influences on  
11 vection. Vection is an indicator of a behaviourally important parameter, one’s self motion, and it is not surprising  
12 that vection correlates with other behavioural responses to self-motion. Measuring correlates of vection is useful  
13 for determining if behavioural responses to the same stimulus covary and might indicate evidence for common  
14 neurophysiological substrates (e.g. [41–44]). However, postural responses and vection can be incongruent in  
15 direction and timing [45] which argues against a simple causal relationship. As an ‘objective’ indicator of vection,  
16 sway could serve as confirmatory data for subjective reports. We did find a relation between self-reports of  
17 vection and sway measures consistent with earlier reports. However, we found a significant individual correlation  
18 between vection and sway in only 9 observers and some observers had (weak) negative rather than positive  
19 correlations. Similarly, equivalent statistical analysis of the effects of frame rate, speed and exposure on sway  
20 parameters produced results generally consistent with similar analysis for subjective vection responses but not  
21 identical and differing in the significance of key effects. While differences in the sensitivity of the measures and  
22 statistical uncertainty could underlie these differences in outcomes, the results suggest some caution in the use  
23 of sway as direct proxy for vection. The relation is likely non-linear and stimulus dependent at best. Note that  
24 several studies have suggested that spontaneous sway with eyes closed can predict the degree that a subject will  
25 experience vection when exposed to optic flow stimuli (e.g., [46–48]). While this indicates a link between postural  
26 stability and *susceptibility* to visual motion it does not necessarily predict a strong correlation between vection  
27 and online postural variation while viewing a self-motion display.

28 As noted above, while too much vection may result in discomfort, for many viewers the experience of some  
29 vection is an important determinant of immersion. To ensure that viewers have an optimal experience, it is  
30 important that content creators understand the parameters that impact this ‘sweet-spot’. Our results suggest  
31 that the increased motion fidelity due to increasing frame rate produces more effective vection stimuli with  
32 little impact of motion blur. Frame rate effects need to be considered in conjunction with image size, simulated  
33 speed, direction and other known determinants of vection to predict the ultimate effect of the image sequence  
34 on vection and VIMS. As industry moves to ever higher frame rates in simulation and VR, future work will need  
35 to assess whether vection continues to increase with frame rate or if it saturates.

36

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4

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